

TELL YOUR
SCHOOL ABOUT

MUMMYY'S WISH



mummyswish.org.au


mummy's wish
Helping mums with cancer

How your fundraising could help



\$80

supplies **four special books** to help kids understand what's happening to their mum. While we don't tell parents how to share this news, these books can help mums, dads and carers talk to children throughout the cancer journey, from breaking the news about a cancer diagnosis to coping with life after treatment.

\$160

is enough to make life a bit more bear-able for four children who'll receive our **voice-recordable Comfort Bear-hugs**—giving them a friend to hug and bringing a little sunshine into their lives during some of the darkest days—plus it lets them hear their mum's voice when she's away in hospital.

\$384

can provide **6 x 2-hour cleaning sessions** to allow mum to spend more time with her family in between treatment sessions.

\$600

Can deliver **healthy and nutritious meals** to two families, filling their tables and warming their hearts for those times when mum is too tired or unwell to cook.

\$1135

can provide a **full support service to a mum and her family**, including regular check-ins with a dedicated support coordinator, access to a private Facebook group, a care package, and more, when she is going through cancer treatment.

Why we need your help

About 5000 mums with primary-school aged children are diagnosed with cancer each year. And no mum is ever prepared to hear the words 'you have cancer'.

Those three little words can turn a family's world upside down.

A mum will wonder how they'll juggle it all; surgery, chemotherapy, making school lunches; being at sports day; hours spent at hospital for appointments and radiation—she wonders who will look after the kids while she is in hospital; and whether she will still have the energy and feel well enough to read bedtime stories.

Because a mum with cancer is still a mum.

It takes a village to raise a child, and being a mum can be a challenge at the best of times. But when a mum has cancer, her family needs their village more than ever.

That's where Mummy's Wish comes in—we are the only charity in Australia to provide non-means tested practical support regardless of cancer type and where they live.

We'd love to have the support of your school.

However you choose to fundraise, our team are on hand to offer all the help and advice you might need.

GET IN TOUCH

fundraise@mummyswish.org.au

or 1300 045 741

YOUR FUNDRAISING COULD HELP:



Provide practical support such as regular house cleaning or nutritious meal deliveries to families when mum is undergoing treatment such as chemotherapy, surgery or radiotherapy



Supply books and other resources to help mums talk to their children about what they're going through and how it may affect their family



Provide a voice-recordable Comfort Bear for each child aged 12 years and under for mum to leave a message for her little ones to hear when she can't be there

Fundraising ideas

Fundraising at school is fun and everyone loves to get involved, plus your school fundraiser can be as big or small as you like.

Schools are great at coming up with creative ideas for fundraising, from quiz nights and discos, to bake stalls and casual days, the list is almost endless, but here are a few ideas to get you started—we're sure you can come with plenty more!



Hold a free dress day

Uniform-free days are always popular and they're easy to organise and a fantastic way to raise money for Mummy's Wish.



Bake stall

Get baking and raise some dough for Mummy's Wish with a delicious home made cake stall.



Car wash

Get a group of students together and have a fun day washing cars.



Teddy Bears' Picnic

In honour of our beautiful Comfort Bears, ask each class to hold their own Teddy Bears' Picnic. Kids can bring their bears to school and share morning or afternoon tea together while raising funds for Mummy's Wish.

Check out our full A to Z of fundraising ideas online here:

mummieswish.org.au/a-to-z-of-fundraising-ideas/



Meet Kelly-Anne



Sisters Charlie and Abby love to spend time with their mum Kelly-Anne—playing board games, baking cupcakes and cookies and painting in the backyard.

So when Kelly-Anne was diagnosed with stage three breast cancer, her thoughts immediately turned to her young daughters and how she would juggle being ‘Mum’ with chemotherapy.

“I remember getting to the car and it sort of hit me then, and it was almost like I’ve never cried like that before,” Kelly-Anne said.

“I thought, “Oh my God, the girls, I want them to have a mum.” I had an Auntie that died at my age of cancer, and that just came straight to the surface.

“We told them I had bad cells and had to have surgery and they were young enough, I suppose, to be happy with that. We didn’t tell them any more than they needed to know.”

Like many mums in her situation, Kelly-Anne was overwhelmed at the thought of how she and husband Kevin would juggle family life with her chemotherapy—until she was referred to Mummy’s Wish.

“Kev’s a great husband, but he’s not good at doing housework and I kept thinking, ‘Who is going to do that? I can’t be scrubbing showers, I can’t be mopping floors. I can’t do all of that stuff’.

“Then, I spoke to my Mummy’s Wish support coordinator and she told me that they were going to provide cleaning for the first three months of my treatment. I remember crying like a baby ... it was the biggest relief to know that something was being taken care of,” she said.

“I knew I could then relax and rest during the day so when the girls came home from school, we could play and do the usual things, and I would have the energy.”



Thank You

We'd love to hear what you're planning, whether you're using one of our ideas or doing something completely different.

Register your event:
[mummyswish.org.au/
register-your-fundraiser/](http://mummyswish.org.au/register-your-fundraiser/)

Or get in touch:
fundraise@mummyswish.org.au
or 1300 045 741